



City of Bridgeton

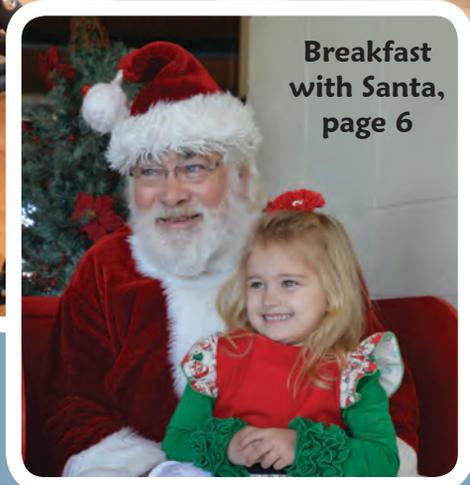
Parks & Recreation Department

2016 Fall Activity Guide

Registration for fall classes begins Monday, August 22 for Bridgeton Residents/BRC Members and Monday, August 29 for all others!



Check out our new fitness classes and pricing; we're also offering a week of free classes September 6-10! See pages 8-10 for details.



Breakfast with Santa, page 6

Bridgeton Recreation Center

Hours of Operation

Please note our hours change September 1!

September-May

Monday-Friday	5:30 a.m.-9 p.m.
Saturday	8 a.m.-7 p.m.
Sunday	10 a.m.-5 p.m.

June-August

Monday-Friday	5:30 a.m.-8:30 p.m.
Saturday	8 a.m.-6 p.m.
Sunday	11 a.m.-5 p.m.

Hours subject to change without notice

Upcoming Holiday Hours

Labor Day (Mon. 9/1)	Closed
Thanksgiving Day (Thurs. 11/24)	Closed
Christmas Eve (Sat. 12/24)	Closes at 3 p.m.
Christmas Day (Sun. 12/25)	Closed
New Year's Eve (Sat. 12/31)	Closes at 3 p.m.
New Year's Day (Sun. 1/1)	Closed

Phone Numbers

Bridgeton Recreation Center
(314) 739-5599

Older Adult Services
(314) 687-4484

Park Maintenance
(314) 291-8643

BMAC Administration
(314) 209-BMAC (2622)

BMAC Field Hotline
(314) 995-1510

Government Center (City Hall)
(314) 739-7500

Membership Options

The Bridgeton Recreation Center offers a variety of membership options for residents of Bridgeton, non-residents, and we now offer corporate memberships for those who work in the City of Bridgeton. **You choose the level of membership that best meets your needs and budget!**

Resident Memberships	Annual (must be made as one payment)	Monthly Payment (must set up auto-matic bankdraft)*
Household	\$300	\$27
Adult	\$150	\$14.50
Youth/Senior	\$110	\$11.50
Senior Couple	\$220	\$19
One + One	\$275	\$25
Silver Sneakers	FREE	N/A
Non-Resident Memberships		
Household	\$600	\$55
Adult	\$260	\$24
Youth/Senior	\$195	\$18
Silver Sneakers	FREE	N/A
Corporate Memberships		
Household	\$500	
Adult	\$225	
Youth/Senior	\$175	

* With this option, the city will automatically withdraw monthly payments from the member's checking or savings account and electronically deposit it directly into the city's account. Memberships and payments will automatically continue until the department is notified (30 days prior to the cancellation date) in writing to discontinue the membership, or at the end of 12 months. An activation fee of \$25 will be applied to all monthly payment options. This fee is due at the time of membership registration and is used to offset bank fees for the service.



What does the center membership include?

Membership includes use of the indoor aquatic facility, gymnasium, walking track, and fitness center. Please note the availability of the gymnasium and pool are subject to change depending on scheduled activities. Members are eligible for reduced rates on classes, activities and services offered at the center; invited to participate in special, no-cost promotions (i.e. Bring a friend to class, new program introductions, etc.); and to receive reduced rates at the Bridgeton Crossing Family Aquatic Park (see info on page 12).

What are the requirements and definitions for each membership category?

The following definitions will determine eligibility for each membership category:

Household Membership: The definition of a household for the purposes of a membership at the recreation center is no more than two (2) adults age of twenty-four (24) years and older, and their dependent children, who are permanently residing together as a single family/financial household unit within a residence that is their fixed and principal home. Dependents between the ages of eighteen (18) and twenty-three (23) must show proof of residency at that residential address. For the purposes of interpretation of the family definition, the following shall apply:

- That household unit must operate as a single financial and economic unit above and beyond merely sharing living arrangements and must share in the family resources and income as a unit
- Owners of residential property in Bridgeton are not eligible for resident memberships unless they permanently live at the address; resident privilege is transferred onto the renters of the property
- For persons age 18 or older, the residence must be the residential address shown on any motor vehicle operator's license or other governmental license or other official documentation as their residence, the address where they are registered to vote, or the address that is listed as their residence on their most current federal income tax return or personal property tax receipt
- For persons under the age of 18, the residence must be the address listed for that child under any public school, private school or home school registration. Any children residing in the home must be the legal responsibility of at least one of the adults who is part of the household unit. Foster children are allowed on the household membership with proof of placement
- Persons residing temporarily at the residence such as visitors, relatives, grandchildren, childcare workers, nannies, or other temporary occupants of the home shall not be considered part of the household unit for the purposes of membership
- Non-custodial parents, grandparents, and other relatives are not eligible for a household pass, but may purchase a separate membership upon proof of their residency
- Roommates who only share the housing and utility expense shall not be considered operating as a single financial and economic unit (See One+One membership)
- "Dependent" implies tax dependent or dependent through marriage
- All members of the household shall be present at the time the household membership is purchased
- Extended stay hotels and motels are not considered residential property

Adult: individuals 16- 59 years of age

Youth: individuals 4-15 years of age

Senior: individuals age 60 and older

Senior Couple: A couple, only one of which must be 60 years of age or older, both residing in the same household (see Household definition). Only available for Bridgeton resident couples.

One+One: Membership for two adults, regardless of age, residing in the same household and not operating as a single financial or economic unit (i.e. roommates in an apartment building or house). For purposes of interpretation of One+One definition, the following shall apply:

- This type of membership is only available for Bridgeton resident members.
- Both parties must be present at the time they are applying for membership. Each must provide their own proof of residency in accordance with department requirements.

Silver Sneakers: Membership is obtained by providing proof of a Silver Sneakers membership through Healthways, Inc.

Corporate Membership: Employees of all businesses located in the City of Bridgeton are eligible for discounted membership rates. The employee is required to show a current payroll stub (not older than 60 days) with the Bridgeton business address on it, along with a current photo id. All members of the household must be present at the time when household memberships are purchased.

FAQ's for Bridgeton Residents:

What are my options for using the new facility?

Residents will need to purchase a membership or value card or pay a daily rate to use the majority of the Recreation Center. We still offer the \$10 Resident ID (free for resident seniors 60+), but it does not include access to the lower level of the Recreation Center.

What is the purpose of the Resident ID?

The Resident ID will get you resident rates on daily facility use and punch cards, resident rate on room rentals, park pavilion rentals, and classes and programs. It will still get you the resident rate at Berry Hill Golf Course, Bridgeton Crossing Family Aquatic Park and Maryland Heights Aquaport. It will also allow you access to the indoor track and the game room in the Recreation Center.

So, do I still need a Resident ID?

It depends on your planned use of the Recreation Center. If you are purchasing a membership, you will *not* also need to purchase a Resident ID. Your membership card will serve as your new Resident ID. If you do not want to purchase a membership, but still plan to take classes, use the Recreation Center occasionally, or visit the outdoor pool, golf course, or Aquaport, you will want to purchase the basic Resident ID.

I want to work out at the Recreation Center, but I don't want to pay the annual fee in a lump sum. What are my other payment options?

You can set up a monthly bankdraft, which breaks the annual fee down to a small payment that is withdrawn from your bank account each month. You can also purchase a value card, which gives you a limited number of visits, or pay a daily rate to enter and just pay as you go. With several different payment options, you can pay based on what you plan to use, and how often you plan to visit.

Resident ID Cards

Parks and recreation identification cards are available at the recreation center and are current for twelve months from the purchase date. If you are a resident and you plan to purchase an annual membership, your membership card will also serve as your Resident ID. Resident ID's allow residents to receive reduced prices on all parks and recreation programs, activities, rentals, and admittance fees. To obtain or renew your card, you must be a resident of the City of Bridgeton and present a valid photo ID (state ID or old Parks and Recreation ID card) and one of the following: a current, unpaid utility bill, current voter's registration card or personal property tax receipt bearing your name and address. For new residents, a Bridgeton occupancy permit or valid lease will be accepted in lieu of non-photo ID requirements.

For children 17 years and younger, a parent must be present when purchasing or renewing a child's ID. For renewals, you will not receive a new ID card, so don't throw out the one you have. Family members, 18 years of age and older are required to provide photo identification indicating that they reside at the family address. If you do not have the required proof of residency, please contact a departmental supervisor to arrange for alternative methods of identification. Senior citizens 60 years of age and older will receive their ID card free of charge with proper proof of residency.

4 years and older
\$10 for original card
\$10 for replacement card

Value Cards	10-visit card	20-visit card
Resident Youth/Senior	\$35	\$60
Resident Adult	\$55	\$100
Non-resident Youth/Senior	\$65	\$120
Non-resident Adult	\$75	\$140

Daily Admission Rate			
Resident Youth/Senior	\$4	NR Youth/Senior	\$7
Resident Adult	\$6	NR Adult	\$8

THE BEEHIVE



The Beehive is the BRC's on-site child care for children ages 3 months-8 years whose parents plan to remain in the facility. We offer toys and activities for all ages we serve and will encourage safe, fun, and creative play.

BEEHIVE HOURS

Monday-Thursday 9-11 a.m., 5:30-8:30 p.m.
Friday & Saturday 9-11 a.m.

BEEHIVE POLICIES

1. Maximum visit is 2 hours.
2. The Beehive is for ages 3 months-8 years; older children may be accepted at the discretion of the recreation supervisor.
3. Parents/guardians must stay in the facility at all times.
4. All children must have an emergency form on file before the first visit. Parents are responsible for updating the form.
5. Beehive staff cannot change diapers or assist children with restroom breaks. If a child requires either of these, the parent or guardian will be paged. A changing table is provided in the Beehive restroom.
6. If a parent/guardian is paged for any reason, they must immediately report to the Beehive.
7. The parent/guardian dropping the child off must be the same person picking the child up and must sign the child in and out.
8. The Beehive has a vast selection of toys and books; no toys, electronic devices, etc. are to be brought from home.
9. Beehive hours are subject to change

Additional policies and rules can be found in our Beehive brochure, available in the facility or online.

BEEHIVE STAFF

All beehive staff have passed a comprehensive background check and have received training in child development, behavior management, early childhood best practices, and first aid. We have security cameras in the room recording at all times.



Look for this symbol next to classes and programs that take place during Beehive hours!

PRICING

\$2 per visit; each additional child is \$1 per visit

Punch pass option: purchase a 24-punch pass for \$20 (1 punch=\$1, so if you have 1 child, it equates to 12 visits for \$20)

Facility Rental Information

The Bridgeton Recreation Center has multiple meeting rooms and recreational facilities available for rent. Rooms are ideal for parties, family reunions, and bridal and baby showers. We can provide party-style setups with tables and chairs, theater-style setups with chairs only (ideal for meetings), and we also offer narrower conference-style tables ideal for off-site corporate meetings, events, and trainings. Hourly fees include the use of the room as well as tables and chairs. Ice is available for purchase. Note that there are special fees for each hour beyond normal operating hours of the Recreation Center. Other prices may apply for community organizations and/or fundraising events. Please contact the BRC for more details.

Room(s)	Room Capacity Party Style ¹	Room Capacity Theatre Style ¹	Room Capacity Conference Style ¹	BRC Member/ Resident Fee	NR Fee	Security Deposit
Room 1	60	72	32-48	\$30/hour	\$40/hour	\$75
Room 2	60	72	32-48	\$30/hour	\$40/hour	\$75
Room 3	60	72	32-48	\$30/hour	\$40/hour	\$75
Rooms 1 & 2	140	156	40-60	\$60/hour	\$80/hour	\$125
Rooms 2 & 3	140	156	40-60	\$60/hour	\$80/hour	\$125
Rooms 1, 2, & 3	200	212	-	\$90/hour	\$120/hour	\$125
Add-ons						
Kitchen ²	-	-	-	\$25 additional	\$25 additional	-
After Hours	-	-	-	Rate + \$30/hr	Rate + \$30/hr	-
Commercial Use ³	-	-	-	\$25 additional	\$25 additional	-

¹ Capacity will vary based on room setup selected ² Flat fee. Only available with the use of a preferred caterer.

³ Flat fee surcharge for promoting the sale of merchandise, products, or services

Meeting Room Rentals

Rooms can be combined to accommodate larger groups. Rooms 1 and 2 include a sink and microwave; room 3 includes a sink only, but offers access to the kitchen. Renters are welcome to bring in their own food and drink, but no warming/cooling appliances are available in the rooms (other than noted).

General Information

Reservations must be made in person at the Recreation Center; no date will be "held" without a signed contract and security deposit. Person submitting the application and contract is held as the responsible party for any damages, etc. Rental fees are due in full no later than thirty (30) days prior to the rental date. Smoking is prohibited in all city facilities. A full list of renter rules and responsibilities is available on the facility use application (contract). Renters and their guests and assigns (caterer, DJ, event coordinators, etc.) are all expected to abide by policies listed. Renters wishing to have a DJ must book all three rooms.

Cancellation Policy

Renters wishing to cancel a rental date must notify the Parks and Recreation Department a minimum of thirty days prior to the rental date in order to receive a full refund. Cancellation notices received less than thirty days in advance of the rental date will result in the forfeiture of the renter's security deposit and/or rental fees.

Security Deposits

Deposits are separate from the rental fees and are returned in full, provided the facilities are left in good condition and renters comply with the terms of the rental agreement. Security deposits must be submitted in the form of a money order. Please leave the "Pay to the Order of:" area blank, so that the money order may be returned to you. Bridgeton Residents may submit a deposit in the form of a personal check or money order. Only checks endorsed by the applicant will be accepted as a deposit.

Kitchen

The kitchen is only available to renters using a caterer from the department's Preferred Caterers list (please contact the recreation center for the current list). The caterer will have a large, reach-in refrigerator and freezer available to them as well as a warmer/proofer cabinet, 4 heat-well serving line, 1 large refrigerated serving well, work surfaces, sink, portable bar and ice machine.



Alcohol Policy

Any alcoholic beverages served in the Bridgeton Recreation Center must be provided and served by one of our preferred caterers.

Audio/Video Services

Each meeting room can provide full audio and multi-media presentation capabilities for renters including multi-media projectors, screens, public address system, and audio from a number of sources including Bluetooth and streaming sources. This service is available to renters at an additional charge of \$25 per rental. A/V services are not recommended with single-room rentals. A/V services may not be available with all room combinations.



Admittance Policies

The Recreation Center is intended for recreational and leisure enjoyment by all members regardless of age, gender, ethnic origin or ability.

1. A current parks and recreation identification card is required for all residents 4 years and older for admittance to the top floor of the recreation center and to receive preferential pricing on programs and services.
2. Children 5 and under must be accompanied and supervised at all times by a parent or adult guardian while utilizing the Recreation Center.
3. Children 12 and under must be accompanied and supervised by a parent or an adult guardian when utilizing the Recreation Center after 6 p.m. Additional rules apply for patrons using the indoor pool; please see pool information pages for more supervision requirements.
4. All non-members may enter the building by purchasing a value card or by paying the daily admission fee.
5. All recreation program participants, spectators of department sponsored athletic leagues, support staff for persons with disabilities, Mid East Area Agency on Aging participants, and facility renters along with their invited guests may enter the portion of the building associated with their attendance free of charge. However, these individuals are restricted to the area of the building associated with their attendance.

Code of Conduct

The Bridgeton Parks and Recreation Department reserves the right to revoke participation privileges without refund for anyone not complying with the following rules of conduct.

The department does not allow anyone to:

1. endanger the safety of others.
2. use profanity in any verbal or gesture form.
3. engage in any fighting.
4. smoke in a municipal building or within 20 feet of the entrance.
5. be under the influence of drugs or alcohol.
6. misuse or abuse the equipment, facility or staff.

Accident Policy

The Bridgeton Parks and Recreation Department does not provide insurance coverage for injuries suffered while participating in programs or using facilities. We, therefore, urge you to contact your personal medical insurance carrier in the event of an accident.

Photo Policy

The parks and recreation department will occasionally take photographs of people participating in recreation programs or using the facilities. These photos may be used for the department's publications, brochures, social media and flyers. All photos become the sole property of the department. Please notify the photographer if you do not wish to have your photo taken.

Open Gym Hours

Valid membership card or daily admission fee is required. Open gym times may be interrupted occasionally due to leagues or special events. Basketballs and volleyballs may be checked out at the front desk with a valid ID or appropriate collateral (driver's license, school ID, etc.).

Fitness Facilities

The 5,300 square-foot Fitness Center features a full line of cardio and weight equipment. Get a great cardio workout using our elite treadmills, stairmills, elliptical crosstrainers, rowing machines, bikes, and more. For toning and building muscle we have selectorized weight equipment for every muscle group, as well as an Olympic bench rack, cable towers, dumbbells and more. A stretching cage and other equipment round out the fitness center. The center uses Broadcast Vision to allow most cardio users to watch one of the five large screen TVs by simply plugging in their own headphones. Want to watch something else on your cell phone or tablet? The center also features hi-speed WiFi connectivity. Admittance to the Fitness Center is designated for ages 16 and up. Ages 12-15 will be allowed with a parent or guardian after a fitness orientation.

Game Room

The Game Room is equipped with one regulation billiard table and a ping-pong table. Equipment can be checked out at the front desk with a valid I.D. or appropriate collateral (i.e. driver's license, school I.D., etc.).

Statement of Accessibility

Parks and recreation programs and facilities are available to people of all abilities. Please let us know if there is any accommodation that would make a program or activity accessible to you or your family. If special accommodations are needed in order to participate in a program, participants need to notify our inclusion coordinator at least 48 hours prior to the start of the program. Her contact information is as follows:

Nicole Osheroff, MA

North County Regional Coordinator of Inclusive Recreation
8969 Dunn Road, Hazelwood, MO 63042

Voice: 314-839-5575

Cell: 314-413-2779

Fax: 314-839-5578

Email: Neosheroff@hazelwoodmo.org

The parks and recreation department will make available copies of this newsletter on audio cassette tape to individuals with visual impairments, learning disabilities and/or physical disabilities. To request this service, please contact the center.

Policy of Non-Discrimination

Several of our facilities have received Federal funds from the National Park Service. Regulations of the U.S. Department of the Interior strictly prohibit unlawful discrimination in the departmental federally assisted facilities on the basis of race, color, national origin, age, or ability. Please address any concerns to:

Director, Equal Opportunity Programs
U.S. Department of the Interior
National Park Service
P.O. Box 37127
Washington, D.C. 20013-7127

Lost and Found

All items turned in to the lost and found at the front desk will be held for two weeks. After such time they will be removed. Bridgeton Recreation Center is not responsible for the safekeeping of items placed in Lost and Found.

Fall Plant Give-away

The Beautification Commission will distribute complimentary plants to Bridgeton residents on Sat., September 10, from 9 a.m.-10 a.m. or when supplies have been exhausted (whichever comes first).

The giveaway will take place in front of the outdoor pool. We will have a drive through line; we are asking that you please stay in your car. Note: The commission will not distribute any plants earlier than 9 a.m. Proof of residency is required: supplies are limited. Please call 739-5599 for more information.

Breakfast with Santa

Join Santa for a yummy breakfast and bring your camera to capture your family's photo opportunities. A craft and other entertainment will be provided. Please note any dietary restrictions at the time of registration.



**Saturday, December 3
9:30-11 a.m.**

**Residents/BRC
Members \$6/person
NR \$8/person**

Children 2 and under are free; please register all family members

Coming this fall...

Member Appreciation Week

We're so thankful for all of our members, we're going to treat you to a week of promotions right before Thanksgiving! More information will be available in October at the BRC about our upcoming events/special days.



Shop 'Til You Drop Fall Vendor Fair

Are you a direct seller, such as Pampered Chef, Tupperware, etc.? Purchase a table to expand your clientele. We'll provide advertising, an 8' table, chairs, electricity, and help with loading and unloading your wares.

Saturday, November 5, 2-5 p.m.

**Residents/BRC Members \$28/table; NR \$33/table
Admission is free for shoppers!**

Family Fun Night: a FREE Halloween event for BRC Members and Bridgeton Residents

There's nothing scary about this fun-filled Halloween event suitable for kids ages 3 to 10. Halloween games and activities will be featured. Come in costume; we will award prizes for the cutest, scariest, and most original costumes, as well as a special prize for the best-costumed family. All participants entering the costume contest must have their photo taken by 7:30 p.m. Admission is restricted to Bridgeton residents/BRC members who hold a current Bridgeton Resident ID or BRC Membership card, and their children or grandchildren. Each child will receive some game tickets on entry, but some games may require additional tickets, which are available for a nominal amount.

**Friday, October 21
6-8:30 p.m.
Bridgeton Recreation Center**



Teen volunteers needed to help with this event! If you know a student in middle school, high school, or college who needs community service hours, please have him/her call (314) 739-5599 for more info.



SilverSneakers® members at the Bridgeton Recreation Center enjoy all of the perks of annual membership at no cost! Visit silversneakers.com to find out if you are covered under your current health plan. Participating health plans include AARP Medicare Complete provided by Secure Horizons, AARP Medicare Supplement Insurance Plan, Anthem Blue Cross Blue Shield, Coventry Health, and more.



How do I obtain my SilverSneakers® membership for the recreation center?

If you belong to a Medicare supplemental health plan that offers SilverSneakers®, you can enroll in the program by visiting the center. Please make sure to take the following steps:

- Step 1: Contact the customer service number on the back of your insurance card and ask if Silver Sneakers® is included in your policy.
- Step 2: Bring your health plan membership ID card to the Bridgeton Recreation Center.
- Step 3: Tell the person at the front desk that you want to enroll in Silver Sneakers®. They will confirm your eligibility and issue you a membership card for our facility.
- Step 4: If you are unfamiliar with our facility, our staff can make an appointment for you to have a representative take you on a tour and show you all the equipment, the exercise rooms where Silver Sneakers® classes are held and the locker rooms.

Older Adult Services



Lexi T., Angie T., Marlyn V., Mary M., Nancy S., and Nancy H. enjoy each other's company at Beach Blanket Bingo in 2016. Please see the *Seniority* for a current list of all events and trips.

Transportation Services

Free van transportation is available to Bridgeton residents age 60 and over or receiving Social Security Disability for area medical appointments, grocery shopping, and Recreation Center activities. The van is equipped with a lift for those persons using wheelchairs. Reservations are required 24 hours in advance and can be made by calling (314) 687-4484 between 8 a.m.-4 p.m. Monday-Friday.

Meals on Wheels/Dining Center

Home-delivered meals are available to homebound Bridgeton residents. Home evaluations, information, and referral services are available by calling (314) 687-4484.

The MEAAA Dining Center, located on the main level of the Recreation Center, provides a hot lunch to area residents age 60 and over or receiving Social Security Disability. The center is operated by the Mid-East Area Agency on Aging and is open Monday-Friday, 9 a.m.-2 p.m. Reservations are required and can be made by calling (314) 739-5572.

Older Adult Services

The Older Adult Services office is located in the Bridgeton Recreation Center. It is open Monday through Friday from 8 a.m. to 5 p.m. For more information, please call (314) 687-4484.

Bridgeton Seniority

The *Seniority*, Bridgeton's older adult newsletter, is mailed monthly to Bridgeton residents age 60 and over. Check the *Seniority* for details on upcoming programs, such as Dining Out, trips and tours. To obtain the *Seniority*, call (314) 687-4484.



Dedicated volunteer Jim Bacon receives a gift card at the Volunteer Appreciation Luncheon this summer.



Shirley H. and many others checked out the new Weber Grill for dinner this past summer.

Please see the *Seniority* for a current list of all events and trips. You can request your copy by calling (314) 687-4484.

Fitness Classes

Two ways to join:

1. Register for the entire session to get the “best rate” even if you miss a class and ensure your spot in the class. Call (314) 739-5599 or register in person at the BRC.
2. NEW! Group fitness and specialty class punch cards are available for purchase and allow access to class provided the room has not reached its maximum (or cycles are full).



Specialty Classes

Specialty class punch cards:

Resident/BRC Member	10 classes	\$71
Non-resident	10 classes	\$82

Punch cards must be used within 90 days of purchase date

Indoor Cycling

Your instructor will guide you in a group ride on your own indoor cycle, designed to burn fat and sweat to energetic and uplifting music. Bring a water bottle and hand towel. All fitness levels. 40 minute class plus setup.

Tuesdays	5:45-6:30 a.m.			
Session T1	Sept. 13-Oct. 25 (7 weeks)	R/M \$43	NR \$50	
Session T2	Nov. 1-Dec. 13 (7 weeks)	R/M \$43	NR \$50	
Session T3	Dec. 20-Jan. 3 (3 weeks)	R/M \$19	NR \$23	
Wednesdays	11-11:45 a.m. or 7-7:45 p.m.			
Session W1	Sept. 14-Oct. 26 (7 weeks)	R/M \$43	NR \$50	
Session W2	Nov. 2-Dec. 14 (7 weeks)	R/M \$43	NR \$50	
Session W3	Dec. 21-Jan. 4 (3 weeks)	R/M \$19	NR \$23	

Cycle and Core

Group ride to popular music with upper body weights and abs exercises that will get your heart pumping, your head jamming, and your fat burning! 40 minute class plus setup.

Fridays	9:30-10:45 a.m.			
Session F1	Sept. 16-Oct. 28 (7 weeks)	R/M \$43	NR \$50	
Session F2	Nov. 4-Dec. 16 (7 weeks)	R/M \$43	NR \$50	
Session F3	Dec. 23-Jan. 6 (3 weeks)	R/M \$19	NR \$23	

T'ai Chi Fitness

Blends the Chinese martial art of T'ai Chi Chuan with modern movement basics. Movements are low-impact, rhythmic, and organized moving meditations to easy listening music. Great for stress reduction, beginners and older adults. Instructed by Tom Pasley, a nationally certified T'ai Chi master.

Mondays	11-11:55 a.m.			
Session M1	Sept. 12-Oct. 24 (7 weeks)	R/M \$43	NR \$50	
Session M2	Oct. 31-Dec. 12 (7 weeks)	R/M \$43	NR \$50	

Yoga

Warm up muscles and joints, learn postures and poses, stretch and relax. Wear loose, comfortable clothing for ease of movement. All fitness levels.

		Morning Yoga		
		8-9 a.m.		
Mondays				
Session M1	Sept. 12-Oct. 24 (7 weeks)	R/M \$43	NR \$50	
Session M2	Oct. 31-Dec. 12 (7 weeks)	R/M \$43	NR \$50	
Session M3	Dec. 19-Jan. 2 (3 weeks)	R/M \$19	NR \$23	
Wednesdays				
Session W1	Sept. 14-Oct. 26 (7 weeks)	R/M \$43	NR \$50	
Session W2	Nov. 2-Dec. 14 (7 weeks)	R/M \$43	NR \$50	
Session W3	Dec. 21-Jan. 4 (3 weeks)	R/M \$19	NR \$23	

		Evening Yoga		
		7-8:15 p.m.		
Mondays				
Session M1	Sept. 12-Oct. 24 (7 weeks)	R/M \$46	NR \$53	
Session M2	Oct. 31-Dec. 12 (7 weeks)	R/M \$46	NR \$53	
Session M3	Dec. 19-Jan. 2 (3 weeks)	R/M \$21	NR \$26	
Thursdays				
Session W1	Sept. 15-Oct. 27 (7 weeks)	R/M \$46	NR \$53	
Session W2	Nov. 3-Dec. 15* (7 weeks)	R/M \$40	NR \$46	
Session W3	Dec. 22-Jan. 5 (3 weeks)	R/M \$21	NR \$26	

Qigong

Qigong is an ancient Chinese health care system that Integrates physical postures, breathing techniques, and focused and intentional movements; and offers another positive experience of movement different from yoga or T'ai Chi.

Tuesdays	11-11:55 a.m.			
Session M1	Sept. 13-Oct. 25 (7 weeks)	R/M \$43	NR \$50	
Session M2	Nov. 1-Dec. 13 (7 weeks)	R/M \$43	NR \$50	

*No classes on Thursday, 11/24

Open house: September 6-11

All specialty and group fitness classes are complementary! Please arrive early to secure your spot by signing up at the fitness desk--sign ups will be available 24 hours before each class. Fitness studio max is 25 and cycling class max is 10. Free classes are first-come, first-served.



Group Fitness

Group fitness punch cards:

Resident/BRC Member	10 classes	\$45
Non-resident	10 classes	\$54

Punch cards must be used within 90 days of purchase date

Muscle Up Intervals

Strength exercises for every muscle combined with timed intervals maximizes muscle building, fat burning, and cardio endurance and stamina. Includes body weight exercises, high intensity drills, and a full range of accessories for a workout that's never the same.

Wednesdays	6-6:55 p.m.		
Session W1	Sept. 14-Oct. 26 (7 weeks)	R/M \$24.50	NR \$31
Session W2	Nov. 2-Dec. 14 (7 weeks)	R/M \$24.50	NR \$31
Session W3	Dec. 21-Jan. 4 (3 weeks)	R/M \$10.50	NR \$13

Zumba®

So much fun, you forget the workout! Zumba® infuses Latin dances of salsa, merengue, cumbia, and mambo with other rhythms such as Indian, jazz, and hip hop to create a unique dance experience. All fitness levels welcome.

Mondays	5:45-6:45 p.m.		
Session M1	Sept. 12-Oct. 24 (7 weeks)	R/M \$24.50	NR \$31
Session M2	Oct. 31-Dec. 12 (7 weeks)	R/M \$24.50	NR \$31
Session M3	Dec. 19-Jan. 2 (3 weeks)	R/M \$10.50	NR \$13

Tuesdays & Thursdays	6-6:55 p.m.		
Session T1	Sept. 13-Oct. 27 (7 weeks)	R/M \$49	NR \$62
Session T2	Nov. 1-Dec. 15* (7 weeks)	R/M \$45.50	NR \$58
Session T3	Dec. 20-Jan. 5 (3 weeks)	R/M \$21	NR \$26

Saturdays	9:30-10:25 a.m.		
Session S1	Sept. 17-Oct. 29 (7 weeks)	R/M \$24.50	NR \$31
Session S2	Nov. 5-Dec. 17 (7 weeks)	R/M \$24.50	NR \$31

Hip Hop & Zumba®

So much fun, you forget the workout! Fun Latin rhythms combined with hip hop dance moves and music make this a unique dance experience.

Sundays	3-4 p.m.		
Session U1	Sept. 18-Oct. 30 (7 weeks)	R/M \$24.50	NR \$31
Session U2	Nov. 6-Dec. 18 (7 weeks)	R/M \$24.50	NR \$31

Strength and Sculpt

Challenge and strengthen every muscle in your body using resistance tubes, weights, balls, and more. All fitness levels.

Mondays & Wednesdays	6-6:55 a.m.		
Session M1	Sept. 12-Oct. 26 (7 weeks)	R/M \$49	NR \$62
Session M2	Oct. 31-Dec. 14 (7 weeks)	R/M \$49	NR \$62
Session M3	Dec. 19-Jan. 4 (3 weeks)	R/M \$21	NR \$26

Modern Dance

Dance routines are a blend of moves from tai chi, modern, Latin and jazz. This class is perfect for beginners or older adults.

Mondays & Wednesdays	9-9:55 a.m.		
Session M1	Sept. 12-Oct. 26 (7 weeks)	R/M \$49	NR \$62
Session M2	Oct. 31-Dec. 14 (7 weeks)	R/M \$49	NR \$62
Session M3	Dec. 19-Jan. 4 (3 weeks)	R/M \$21	NR \$26

Silver Sneakers Passholders--FREE!

Core and More

Total body workout that focuses on abdominal and lower back strength and stability, glutes and thighs, and includes some foundational principles of Pilates. This class is a great addition to any fitness level.

Tuesdays & Thursdays	10:05-10:50 a.m.		
Session T1	Sept. 13-Oct. 27 (7 weeks)	R/M \$49	NR \$62
Session T2	Nov. 1-Dec. 15* (7 weeks)	R/M \$45.50	NR \$58
Session T3	Dec. 20-Jan. 5 (3 weeks)	R/M \$21	NR \$26

Silver Sneakers Passholders--FREE!

Stretch and Flex

Release tight muscles and joints, and gain better movement and mobility for the body. Breathing, standing, and floor exercise creates a well-rounded routine for any fitness level.

Thursdays	11-11:55 a.m.		
Session T1	Sept. 15-Oct. 27 (7 weeks)	R/M \$24.50	NR \$31
Session T2	Nov. 3-Dec. 15* (7 weeks)	R/M \$21	NR \$26
Session T3	Dec. 22-Jan. 5 (3 weeks)	R/M \$10.50	NR \$13

Silver Sneakers Passholders--FREE!

HIIT It

Burn more fat in less time with this 30-minute, total body High-intensity Interval Training routine. Timed intervals of work/rest combined with a variety of exercise are great for those wanting to take it to the next level in their fitness.

Tuesdays & Thursdays	9:30-10 a.m.		
Session T1	Sept. 13-Oct. 27 (7 weeks)	R/M \$42	NR \$50
Session T2	Nov. 1-Dec. 15* (7 weeks)	R/M \$39	NR \$47
Session T3	Dec. 20-Jan. 5 (3 weeks)	R/M \$18	NR \$22

***No classes on Thursday, 11/24**

Fitcamp

Expert small group personal training, cardio, strength, flexibility and nutrition. Get more than a workout, get results. Includes pre and post measurements and ongoing tips. Coached by a certified Personal trainer.

Mondays, Wednesdays & Fridays 6-7 a.m.
Session M1 Sept. 12-Oct. 14 R/M \$120 NR \$130
Session M2 Oct. 17-Nov. 23 R/M \$120 NR \$130
*Registration only. Punch cards are not valid. Min. 4 Max. 12

Did you know we now offer complementary fitness assessments? Contact Kim at (314) 687-4483 or stop by the fitness desk to set up your consultation!

Bridgeton Walking Warriors Walking Club

The Bridgeton Walking Warriors program has now evolved into a walking club! Come walk with us in the Bridgeton Recreation Center, outside on walking trails, and in Bridgeton neighborhoods (weather permitting). A few water walking classes will be built in as bonuses. This program is not designed for power walkers; however, participants will range from mild to brisk walkers.

Each session will include warm-up and cool-down sessions and approximately 45 minutes of walking. Participants are encouraged to wear comfortable walking shoes and clothing. Each session will be 8 weeks. Registration includes a Warriors t-shirt and a water bottle. No dogs will be allowed to participate.

Mondays & Wednesdays 8-9 a.m.
Session M1 October 24-December 21*
Initial membership fee \$25 for first session; all subsequent sessions (without interruptions) \$20
**no class on 11/21 or 11/23*



Personal Training Services

Certified fitness professionals design your exercise routine and guide you towards achieving your fitness goals. Investing in a fitness trainer is for those who are:

- Beginning an exercise routine and need a plan to follow.
- Want to break a plateau and set new goals.
- Recovering from an injury or want to transition from therapy.
- Desiring specialized training to enhance athletic performance or sports skills.
- Needing some motivation and fun workouts!

For a complimentary assessment and consultation or to get connected to a personal trainer that best suits your needs and pricing, inquire at the fitness desk or call Kim Howard 314-687-4483.

**Exercise Smarter with a Kickstart Package and get real answers to reach your goals!
\$120 Includes three 60 Minute personal training sessions.***

* Valid only for new personal training clients. Only one purchase per person. Sessions must be completed within 45 days of purchase. Registration form available at the fitness desk.



11919 Berry Hill Road
 Bridgeton, Missouri 63044
 Phone: 731-7979
 berryhillgc@bridgetonmo.com

Dave Levine, Head Professional
 Mark Moriarty, Golf Superintendent

Fees Residents Non-resident

Weekdays

9 holes	\$10	\$14
18 holes	\$17	\$21

Sr. Citizens (60+)/Youth (<18) 7 a.m.-3 p.m.

9 holes	\$9	\$12
18 holes	\$15	\$19

Weekends/Holidays

9 holes	\$11	\$15
18 holes	\$19	\$24

Rentals Per Nine Holes

Pull Carts	\$2	\$2
Golf Cars (2 people)	\$14	\$14
Golf Clubs	\$10	\$10

Fees subject to change without notice during the course of the year. Bridgeton and Maryland Heights residents are required to show current resident ID cards in order to receive resident pricing. BRC members with an annual membership (excluding Silver Sneakers) also receive resident pricing at Berry Hill. Bridgeton ID cards are available at the Bridgeton Recreation Center.

2016 Tournament Schedule

September 1-2
 Senior Championship
 9 holes each day

October 8
 Fall Classic
 27 holes/stroke play

September 10
 Parent/Child
 Tournament
 9 holes/alternate shot

November 12
 Chili Bowl Scramble
 18 holes

Golf Lessons

Have you always wanted to play golf but just didn't take the time to do it? Do you want to improve your present playing level? Here's your opportunity to structure a learning experience that fits your level of play. All levels of golfers welcome.

\$40 per half-hour lesson
\$200 per series of six lessons

Tee Time Policies

- Tee times are strongly suggested for weekday and weekend play. The pro shop staff will try to accommodate as many "walk-ins" as possible.
- All golfers, including non-residents, can make tee times seven days in advance for every day of the week.
- A golfer may make tee times for two groups as long as he/she always fills the groups.
- Two tee times must be made two hours and twenty minutes apart for 18-hole play.
- Golfers calling in for tee times may be refused future time without pre-payment if they fail to show or fill their groups beforehand.
- The golf course reserves the right to fill open spots in the tee time.



Over the past decade, disc golfing has become increasingly popular around the country. Disc golf is a similar concept to regular golf; players attempt to hit a target/basket in as few throws as possible.

The Carrollton Park Disc Golf Course was developed in 2012 through a partnership with the St. Louis Disc Golf Club. This 18-hole course is located in the heart of the former Carrollton subdivision at the intersection of Gallatin Lane and Woodford Dr. The course is open from sunrise to sunset each day and pin locations will change as an ongoing challenge to players of all levels. The Bridgeton Parks and Recreation Department and the St. Louis Disc Golf Club are committed to maintaining the course. For more information, contact Joe Campbell at (314) 739-5599.



Visit us on the web at www.bridgetonmo.com/bmac

Important Phone Numbers:

BMAC Administrative Office
 (314) 209-BMAC (2622)

BMAC Field Conditions Hotline
 (314) 995-1510

Bridgeton Athletic Association
 (BAA/Youth Baseball and Softball)
www.baayouthsports.com
 (314) 739-6995

Indoor Pool Hours

Fall hours begin Tuesday, September 6

Lap Swimming

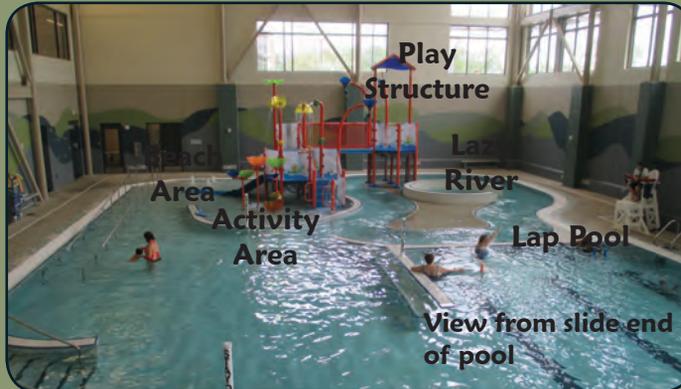
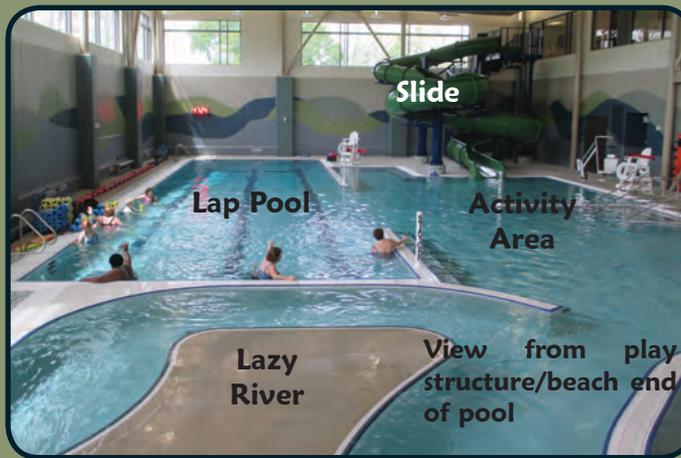
Mon. & Wed.	5:30-9:30 a.m. 12:30-5 p.m. 8-8:45 p.m.
Tues. & Thurs.	5:30-8:30 a.m. 11:30 a.m.-5 p.m. 8-8:45 p.m.
Friday	5:30-9:30 a.m. 12:30-5 p.m. 7-8:45 p.m.
Saturday	8-10 a.m. 12-2 p.m.
Sunday	10 a.m.-2 p.m.

Lazy River & Activity Area

Mon.-Fri.	5:30 a.m.-8:30 p.m.
Saturday	8 a.m.-7 p.m.
Sunday	10 a.m.-5 p.m.

Open Swim

Mon., Wed. & Fri.	6-8:30 p.m. <i>includes all features except lap lanes</i>
Sat. & Sun.	2-5 p.m. <i>includes all features</i>



Indoor Waterpark Rules

1. Obey the lifeguards at all times.
2. Lifeguards may require a child to "sit out" up to 15 minutes for repeated rule infractions.
3. Proper swim wear is required. All swimmers must wear a

- lined swimsuit. No cut-offs, athletic shorts, biking tights, leotards, or thongs are allowed.
4. Non-toilet-trained swimmers should wear a swim diaper at all times.
5. Street shoes are not allowed on deck.
6. Children under 12 years of age must have a supervising adult in the pool area at all times.
7. Children under 42 inches tall must be accompanied by a swimming adult with a maximum of 5 children per adult.
8. Food and drinks are not permitted in the pool area, except cap-controlled sports bottles.
9. Anyone with open wounds, rashes or infectious/communicable diseases may not enter the water. Casts that are not waterproof are also prohibited.

For a complete list of rules, please inquire at the pool.

Aquacize

This water aerobics class combines a variety of toning and conditioning exercises to achieve the ultimate cardiovascular workout. No swimming ability is required.

Mondays/Wednesdays

Instructor: Bette
11 a.m. – noon

Session 1	Sept. 12-Oct. 26
Session 2	Oct. 31-Dec. 21*

Residents/BRC Members	\$40
Non-residents	\$45
Resident Seniors	\$30

Tuesdays/Thursdays

Instructor: Kat
9-10 a.m., 10-11 a.m. or
6:45-7:45 p.m. 🐝

Session 1	Sept. 13-Oct. 27
Session 2	Nov. 1-Dec. 22*

**no class the week of 11/21-11/24*

Adult Swim Lessons Ages 16+

It's never too late to learn how to swim! This class is designed for adults of all ages and levels who are ready to take the plunge and learn how to swim. Adult swim lessons are held at the indoor pool.

Beginner--Tuesdays

8-8:45 p.m. Instructor: Donna

Session 1	Sept. 13-Oct. 25 (7 weeks)
Session 2	Nov. 8-Dec. 20 (6 weeks)

Intermediate--Thursdays

8-8:45 p.m. Instructor: Donna

Session 1	Sept. 15-Oct. 27 (7 weeks)
Session 2	Nov. 10-Dec. 22* (6 weeks)

7-week session:

Residents/BRC Members	\$55
Non-residents	\$60

6-week session:

Residents/BRC Members	\$48
Non-residents	\$52

**There will be no classes on 11/24*

Deep Water Aquacize

This no-impact aerobics class combines a variety of toning and conditioning exercises for the ultimate workout! All exercises are done exclusively in the deep end of the pool using aquabelts to keep you afloat; no swimming ability is required.

Mondays/Wednesdays

🐝 **10 – 11 a.m. Instructor: Bette**
Session 1 (7 wks) Sept. 12-Oct. 26
Session 2 (6 wks) Oct. 31-Dec. 21*

🐝 **7-8 p.m. Instructor: Donna**
Session 1 (7 wks) Sept. 12-Oct. 26
Session 2 (6 wks) Nov. 7-Dec. 14

7-week session:

Residents/BRC Members	\$35
Non-residents	\$40
Resident Seniors	\$27

**no class on Mon. 11/21 or Weds. 11/23*

Tuesdays and Thursdays

🐝 **7-8 p.m. Instructor: Donna**
Session 1 (7 wks) Sept. 13-Oct. 27
Session 2 (6 wks) Nov. 8-Dec. 22**

6-week session:

Residents/BRC Members	\$30
Non-residents	\$35
Resident Seniors	\$24

***no class on Thurs., 11/24*

Open house: September 6-11

Aquacize classes instructed by Donna and Kat (Bette's are not included; sorry!) are complementary! Class max is 12. Free classes are first-come, first-served.

Youth Swim Lessons

Make your fall swim lesson plans now! Swim lesson registrations will be accepted beginning August 22 at the Recreation Center for Bridgeton Residents and BRC members, and non-residents may begin registering on August 29.

Beginner Swim Lessons

Age recommendation: 3-5 years

Children will have the help of an instructor to perform all skills. Skills that are covered: blowing bubbles through mouth and nose, retrieving objects submerged underwater, front and back glides, return to vertical position, back floats, alternating and simultaneous arm action on front and back, combined arm and leg actions on front and back.

Mondays/Wednesdays (8 classes/session)

5:30-6 p.m.

Session 1	Sept. 12-Oct. 5
Session 2	Oct. 10-Nov. 2
Session 3	Nov. 7-30

Residents/BRC Members \$40; Non-residents \$50

Saturdays (4 classes/session)

9-9:30 a.m. or 9:45-10:15 a.m.

Session 1	Sept. 17-Oct. 8
Session 2	Oct. 15-Nov. 5
Session 3	Nov. 12-Dec. 3

Residents/BRC Members \$20; Non-residents \$25

Intermediate/Advanced Swim Lessons

Age recommendation: 5-7 years and up

Intermediate and advanced skill levels will be combined in this class. At the intermediate level, children will have limited help from the instructor in performing all skills. At the advanced level, children must perform skills with little or no help from an instructor. Intermediate skills that are covered: enter water by jumping in, bobbing, open eyes underwater and retrieve submerged objects, blowing bubbles through nose, front and back floats, roll from front to back and back to front, returning to vertical position after front and back floats, combined arm and leg actions on front and back. Children with more advanced swimming abilities may cover some of the following skills: front and back crawl, elementary backstroke, breaststroke, and more.

Saturdays (4 classes/session)

10:30-11 a.m.

Session 1	Sept. 17-Oct. 8
Session 2	Oct. 15-Nov. 5
Session 3	Nov. 12-Dec. 3

Residents/BRC Members \$20; Non-residents \$25

Splish Splash Parties at the Indoor Pool

Celebrate your special day with a cool pool birthday party! Our party package includes admission for up to 25 guests and a decorated room (balloons and tablecloths are provided) next to the pool. You are welcome to bring in your own food and non-alcoholic beverages; ice is available for purchase.

Parties must be reserved at least two weeks in advance, and full payment must accompany reservations. All parties will be scheduled during open swim hours. A \$25 security deposit is required in the form of a check or money order at the time of reservation.

Residents \$140; Non-residents \$160

New this fall at the BRC indoor pool:

Swimathon

Come join us to help promote aquatic fitness! We will be running swimming challenges where patrons are given a pre-determined time period to swim a distance based on the current theme. We welcome swimmers of all ability to come out and give it a shot!

Be on the lookout for an informational packet regarding this challenge starting August 22 at the front desk! More information will be available at that time.



Dog Swim at Bridgeton Crossing Outdoor Pool

Humans admitted free with their dog's paid admission; dog must have proof of rabies and DHLPC2 vaccination.

Saturday, September 10

1-3 p.m.

\$10 if you pre-register; \$13 at the door

Park Rules

1. Parks are open to the public from sunrise to sunset.
2. Restrooms are open from April 1-October 30.
3. Motorized vehicles are only allowed on authorized paved roads and parking areas. The speed limit is 10 miles per hour.
4. Swimming, wading and boating on Kiwanis Lake at Hellebusch Park are prohibited.
5. Fishing in Hellebusch Park is only allowed on a catch-and-release basis due to restocking efforts.
6. Fires are allowed only in barbecue pits.
7. All trash must be disposed of in waste containers.
8. Camping is not allowed.
9. Pets must be secured by a leash no longer than six feet.
10. Horses are allowed by permit only.
11. Solicitation of any type is not allowed.
12. Killing or maiming any animal/plant is prohibited.
13. Tennis courts are for tennis only.
14. Golf activities are prohibited in neighborhood parks.
15. Any person, firm, or corporation who violates any of these provisions may be fined up to \$500.

Bridgeton City Parks	Acres	Pavilions	Playgrounds	Restrooms	Ball Diamonds	Basketball Goals	Soccer Fields	Tennis Courts	Racquetball	Volleyball Courts	Swimming	Concessions	Fishing	Disc Golf Course	Trails (miles)
Berry Hill Golf Course 11919 Berry Hill Road Berry Hill Road & Fee Fee Road	52	1		3								2			
Bridgeton Municipal Athletic Complex 13161 Taussig Road Ferguson Lane & Taussig Rd.	67	2	2	4	11*		1*	4*	5			2			1.2
Bridgeway Park 11700 Brookford Taylor to Brookford; end of Brookford	11	2	1	1	1	1		2		1s					
Carrollton Park 14861 Phelps Drive Behind Carrollton Shopping Center	52													1	
Gentry Park ♦ 4201 Fee Fee Road Fee Fee Road & Ann Mar	37	1	2	3		8i				2i	2	1			1
Hellebusch Park 11408 Oak Avenue End of Oak Avenue	8	1	1	1	1		1						1		
Matthews Park 11050 Ayrshire Avenue Fee Fee Road & Ayrshire	5	1	1	1	1	1									
McKelvey Park 3220 McKelvey Road McKelvey & Old St. Charles Rd.	3		1												
O'Connor Park 12740 Hemet Lane Woodford Way to Hemet	37	1	1	1	1		1	2							
Riverwoods Park 13950 St. Charles Rock Road End of St. Charles Rock Rd. & MO River	136			1									1		5.1
Spanish Village Park 12827 Spanish Village Drive End of Spanish Village Drive	5	1	1	1	1	2		1							
Totals	413	10	10	16	16	12	3	9	7	3	2	5	2	1	7.3

All park playgrounds and restrooms are accessible

♦ = Site of the Payne-Gentry Historical House, Bridgeton Recreation Center and Hickory Woods Natural Area
 (i) = indoor facility (s) = sand facility * = lighted facility

Pavilion Reservation Policies

Reservations may be made in person at the recreation center or via phone with a credit card beginning January 2. Reservations are taken for the months of April through October. Bridgeton residents requesting facilities must have a current parks and recreation I.D. card. Reservations will be accepted up to three days prior to the event. All unreserved time is considered first-come, first-served. Parks are open at 8 a.m., however, pavilion reservations do not begin until 10 a.m. Ball field use with pavilion reservations requires a separate permit. Please note special pricing for large (corporate) pavilion, located at BMAC.

Neighborhood Park Pavilions

Residents/BRC Members	\$35/day
Non-residents	\$50/day

Corporate Pavilion at BMAC

Residents/BRC Members	\$75/day
Non-residents	\$100/day

Ball Field Reservation Policies

Ball field reservations for all parks, excluding Bridgeton Municipal Athletic Complex (BMAC), must be made and paid for at the recreation center or via phone. All unreserved time is considered first-come, first-served.

Residents/BRC Members	\$15/day
Non-residents	\$20/day

For information regarding fields at BMAC, please contact John Bell at 209-BMAC (2622).

Lighted Courts

The resurfaced courts at BMAC are available year-round and lights can be activated by players via a manual timer. The timer is located adjacent to the tennis court gate closest to the racquetball courts. Players can turn the dial to "ON" to engage the lights for a one hour time period. At any time during the cycle, the dial can be reset to begin a new 60 minute cycle. Time is active 1/2 hour before sunset and becomes inactive at 10 p.m. CST.

Lighted racquetball courts are also available at BMAC. All courts are also provided on a first-come, first-served basis with no time limits; however, please be polite in your court usage if others are waiting.

Refund Policy

Refunds will not be issued due to inclement weather for pavilion or ball field reservations.

Cancellation Policy

Permits must be surrendered at the community center at least thirty (30) days in advance of reservation date in order to receive a refund. Non-resident permits are non-refundable.

Pavilion Capacities

Want to reserve a pavilion for your next family gathering, party or picnic? Here is a close estimation of how many persons each pavilion will hold:

Special note: Bridgeway Park pavilions are not available beginning July 2016, due to park renovation.

BMAC	(corporate pavilion)	300**
Gentry Park	(old pavilion)	90
	(band shell)	32
Hellebusch Park		100
Matthews Park		75
O'Connor Park		50
Spanish Village Park		50

***special pricing applies for corporate pavilion; please see Pavilion Reservation Policies at left*

Other Facilities at Gentry Park

The Gazebo is a lovely spot for photos: family reunions, weddings, anniversaries, etc. and it is available first-come, first-served. The Band Shell can be reserved as an additional picnic location. It seats approximately 32 at four picnic tables, and is in close proximity to the restroom and playgrounds. Pricing and reservation policies are the same for the band shell as for other park pavilions.

Large Group Picnic Shelter

Are you looking for a location for your next family or high school reunion? Has the boss put you in charge of planning your next corporate event? The parks and recreation department accepts reservations at the Rec Center for its corporate picnic pavilion located at the Bridgeton Municipal Athletic Complex. The BMAC shelter has seating for up to 300 guests. The corporate pavilion offers a large BBQ grill, ample parking, water and electric hook-ups and restroom facilities. Please note that while playground facilities exist at the park, they are not in close proximity to the pavilion. Please call (314) 739-5599 for more details.

Residents/BRC Members	\$75
Non-residents	\$100

Your Help is Needed

The Parks and Recreation Department strives to keep all parks and recreation facilities as clean and safe as possible. Please notify us at 291-8643 to report any vandalism, unsafe condition or inappropriate use of the facilities. For emergencies, please contact the Bridgeton Police Department at 739-7557.



City of Bridgeton
Parks & Recreation Department
4201 Fee Fee Road
Bridgeton, MO 63044



Focus on Fitness

Join the BRC's new fitness supervisor, Kim Howard, on a journey to a healthier you this fall! See pages 8-10 for an explosion of new fitness offerings, including cycling classes, personal training, and so much more! At left, BRC instructor Theri instructs two of her class participants in the fitness studio.